



Professional learning and training brochure

July-September 2025

Why learn with us?

The importance of professional learning

Ongoing professional learning is essential for building the knowledge and skills needed to create meaningful change for children and young people. It ensures that professionals can apply the latest research, insights, and best practices within their unique roles and contexts.

At Australian Childhood Foundation (the Foundation), we are committed to equipping professionals with the tools and strategies needed to address the trauma of abuse, exploitation, and neglect.

For over 30 years, we have provided high-quality training across diverse fields, including child protection, out-of-home care, family violence, education, and youth justice. We mobilise knowledge in evidence-based, practical ways, ensuring professionals can better support the children and young people in their care.

We aim to be a trusted thought leader, fostering a professional learning community that is generous, collaborative, and driven by real-world impact. All profits from our training courses are invested back into services that support children and young people to heal from trauma.

What Makes Our Training Different?

Our workshops, courses, and resources are shaped by:

✓ **Decades of frontline practice**

informed by our therapeutic programs and direct work with children, carers, and professionals.

✓ **Australian and international research**

integrating neuroscience, trauma-informed practice, and child development into an Australian context.

✓ **Collaborations with leading experts**

ensuring training is innovative, relevant, and grounded in evidence.

✓ **Lived experience and cultural wisdom**
embedding co-designed initiatives that amplify the voices of children and young people.

Why Train with Us?

At the Foundation, we believe in more than just delivering training – we believe in advocating for children’s rights to safety, healing, and care.

We stand by the principle that love is an action – a daily commitment to fostering positive, supportive relationships that keep children safe and help them heal.

Our training isn’t just theoretical – it’s deeply practical. We don’t just teach best practices – we live them every day through our therapeutic programs and direct support work.

When you train with the Foundation, you’re learning from practitioners who work alongside children, carers, and systems of care every day. Join us in shaping a future where every child feels safe, supported, and empowered to heal.



Explore our learning streams

We offer a wide range of training designed for professionals, carers, and practitioners supporting children and young people.

Our learning pathways include trauma-informed practice, safeguarding, youth justice, and out-of-home care – ensuring you have the knowledge and skills to make a real difference.

We are also implementing the CHC40521 Certificate IV in Youth Justice in Tasmania, the Northern Territory, and Canberra, supporting frontline professionals working with young people in the justice system.

This qualification equips workers with skills to support diversion, rehabilitation, and trauma-informed care within youth justice settings. Find out more about our Registered Training Organisation (22094) [here](#).

In addition to the courses on the following pages, we can also customise unique learning packages for your organisation. [Enquire here](#).


Explore our non-accredited courses by theme below.


1. Trauma & Neurobiology: Understanding the Impact

Focusing on the neurobiological impacts of trauma on development and attachment.

Understanding the Neurobiology of Complex Trauma


Explores a foundational understanding of the neurobiology of trauma, and its impact on physical and emotional development and relationships.


 Virtual Classroom | 22-23 July-25 + 23-24 Sept-25

 [Registration](#)

Understanding the Interplay Between Neurobiology, Attachment, Trauma, and Mental Health


Considers key theories and the conceptual and applied integration of neurobiology, trauma, attachment and mental health.


 Virtual Classroom | 2-July-25

 [Registration](#)

Movement and Brain Development

Explores how mindful movement based practice supports brain body connection and recovery from trauma.

 Virtual Classroom | 18-Sept-25

 [Registration](#)




Explore our learning streams


2. Supporting the Healing of trauma in the Early Years

Training for early childhood educators and other professionals working with young children.

Healing Relational Trauma Through Play


Understanding the role of play in supporting children affected by relational trauma.


 Virtual Classroom | 5-Aug-25

 [Registration](#)

Musical Opportunities Supporting Children with Trauma


Focusing on the importance of music and musical opportunities for children affected by trauma aged 0-5


 Virtual Classroom | 13-Sept-25

 [Registration](#)

Understanding Relational Trauma in the Early Years


Exploring the impact of relational trauma on the child's growth and development.


 Virtual Classroom | 15-Sept-25

 [Registration](#)

Trauma Informative Practice

Explores how people working with children 0-5 can support following the impacts of trauma

 Virtual Classroom | 23-July-25


 [Registration](#)


3. Working with Children and Young People with a Therapeutic Focus

Workshops to support professionals working with children and young people.

Trauma Transformative Practice with Children


Examines an innovative and relational trauma transformative approach to providing professional support to children and young people


 Virtual Classroom | 24-July-25

 [Registration](#)

Trauma Transformative Practice with Families


Introduces trauma transformation as an emerging practice concept in working in connected ways with children and their families


 Virtual Classroom | 28-Aug-25

 [Registration](#)

Supporting Children and Young People to Heal from the Trauma of Family Violence

Provides a trauma informed approach to understanding and supporting children after the experience of family violence


 Virtual Classroom | 7-Aug-25


 [Registration](#)

Therapeutic Dolls for Trauma

Responsive Practice with Children

Introduces The Big Tree Dolls as a therapeutic resource for work with children, incorporating themes of play imagination and healing


 Virtual Classroom | 2-Sept-25


 [Registration](#)

Therapeutic Dolls for Trauma

Responsive Practice with Children: New Stories and Characters.

Continues the exploration of the The Big Tree Dolls, introducing new characters and storytelling as a therapeutic intervention

 Virtual Classroom | 6-Aug-25

 [Registration](#)




Explore our learning streams


4. Bringing Up Great Kids (BUGK) Program

Programs to support parents, carers, and professionals working with families.

BUGK Foundational Training


Facilitating respectful, reflective and effective parenting groups.


 Virtual Classroom & Face-to-Face | Multiple Dates

 [Registration](#)

BUGK in the First 1000 Days


Supporting healthy attachment and development in a child's early life.

 Virtual Classroom | 8-Aug-25

 [Registration](#)

BUGK Parenting Adolescents


Tailored for parents navigating adolescence.


 Virtual Classroom | 11-Jul-25 + 22 Sept-25

 [Registration](#)

Healing Connections: Trauma-sensitive partnership with parents


Aims to support respectful, non-judgmental communication with parents that enhances the relationship.

 Virtual Classroom | 12-Aug-25

 [Registration](#)

BUGK Parenting After Family Violence


Helping parents re-establish positive relationships after family violence.


 Virtual Classroom | 10-July-25 + 29 Sept-25

 [Registration](#)

BUGK for Kinship & Foster Carers


Supporting kinship and foster carer families to develop stronger relationships with the children under their care.


 Virtual Classroom | 31-Oct-25

 [Registration](#)

BUGK for Aboriginal and Torres Strait Islander Families

Facilitate a BUGK parenting group tailored for Aboriginal and Torres Strait Islander families.


 Virtual Classroom | 10-Sept-25


 [Registration](#)


5. Safeguarding Children and Young People

Courses focused on Safeguarding practice, risk & compliance, organisational culture, and Governance.

Foundations of Safeguarding Children and Young People

 On-Demand

 [Video](#)

 [Contact](#)


Explore our learning streams


6. Specialised Training for Residential, Foster, and Kinship Care

Advanced training for carers working in residential care or kinship/foster settings.

Kinship carer on-demand training: Ordinary People, Extraordinary Hearts


Support kinship carers in creating healing environments for children and young people.


 On-Demand

 [Registration](#)

Foster carer on-demand training: Ordinary People, Extraordinary Hearts


Support foster carers in creating healing environments for children and young people.


 On-Demand

 [Registration](#)

Foundational Training in Intensive Therapeutic Care


Be equipped with a shared language and understanding to effectively support young people with complex needs in residential care.

 On-Demand

 [Registration](#)

Responding to Child Sexual Exploitation (CSE)

Be equipped with the knowledge and strategies needed to prevent, identify, and respond to child sexual exploitation.

 On-Demand


 [Registration](#)


7. Professional Wellbeing and Ethical Practice

Training designed to support professionals' wellbeing and ethical decision-making.

Neurobiology of Professional Wellbeing


Considers the neurobiological components of Vicarious Trauma and explores a conceptual and experiential well being framework


 Virtual Classroom | 16-Sept-25

 [Registration](#)

Trauma Informed Mentoring

Explores leadership and mentoring through a trauma-informed lens

 Virtual Classroom | 3-Sept-25

 [Registration](#)





FIFTH BIENNIAL



International Childhood Trauma Conference

17 – 22 August 2025
Melbourne Convention
& Exhibition Centre

Looking to expand your learning in 2025? Join this unmissable opportunity to share knowledge, wisdom, and hope with global leaders, researchers, and those with lived experience expertise.

Register now

Visit childtraumaconference.org



Calendar view

July

SUN	MON	TUE	WED	THU	FRI	SAT
		01	02 Understanding the Interplay Between Neurobiology, Attachment, Trauma, and Mental Health	03	04	05
06	07	08	09	10 BUGK Parenting After Family Violence	11 BUGK Parenting Adolescents	12
13	14	15	16	17	18	19
20	21	22 Understanding the Neurobiology of Complex Trauma	23 Understanding the Neurobiology of Complex Trauma	24 BUGK Foundational Training Trauma Transformative Practice with Children	25 BUGK Foundational Training	26
27	28 BUGK Foundational Training	29 BUGK Foundational Training	30			

Legend:

Trauma & Neurobiology:
Understanding the Impact

Supporting the Healing of trauma
in the Early Years

Working with Children and Young
People with a Therapeutic Focus

Supporting Young People
in Out-of-Home Care

Bringing Up Great Kids
(BUGK) Programs

Safeguarding Children and
Young People

Specialised Training for Residential,
Foster and Kinship Care

Professional Wellbeing and
Ethical Practice

International Childhood Trauma
Conference

August

SUN	MON	TUE	WED	THU	FRI	SAT
					01	02
03	04	05 Healing Relational Trauma Through Play	06 Therapeutic Dolls: Part 2	07 Supporting Children and Young People to Heal from the Trauma of Family Violence	08 BUGK in the First 1000 Days	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
International Childhood Trauma Conference						
24	25 BUGK Foundational Training	26 BUGK Foundational Training	27	28 Trauma Transformative Practice with Families	29	30

September

SUN	MON	TUE	WED	THU	FRI	SAT
31	01	02 Therapeutic Dolls: Part 1	03	04	05	06
07	08 BUGK Foundational Training	09 BUGK Foundational Training	10 BUGK for Aboriginal and Torres Strait Islander Families	11	12	13
14	15 Understanding Relational Trauma in the Early Years	16 Neurobiology of Professional Wellbeing	17	18 Movement and Brain Development	19	20
21	22 BUGK Parenting Adolescents	23 Understanding the Neurobiology of Complex Trauma	24 Understanding the Neurobiology of Complex Trauma	25	26	27
28	29 BUGK Parenting After Family Violence	30				