

# What is Workplace Giving?

Workplace Giving is the process of making regular donations to the Australian Childhood Foundation through your organisation's payroll system.

Donations can be as much or as little as you choose. Over time, this makes a huge difference to the lives of children suffering from the trauma of abuse.

With company matching, these donations can have further impact.

### What are the benefits of Workplace Giving?

- You will receive tax benefits immediately at the time of your donation by reducing your taxable income.
- You can choose how much you would like to donate and opt out at any time.
- Workplace Giving is a low-cost way for the Australian Childhood Foundation to raise vital, regular funds and secure the future of our work.

#### **Getting Started**

Simply advise your payroll department that the Australian Childhood Foundation is your chosen charity for Workplace Giving.

# Our contact and banking details for payroll:

**Donation Ref:** "WPG (name of employee

& organisation)"

**Account Name:** Australian Childhood Foundation Inc.

Bank:NABBSB:083 153Account Number:58-070-1347ABN:28 057 044 514

Address: Australian Childhood Foundation

PO Box 525, Ringwood VIC 3134

# Still have questions or need some assistance?

Please get in touch at workplacegiving@childhood.org.au

#### You can help break the cycle of abuse

Without specialist help, traumatised children suffer throughout their lives – even after the abuse has stopped.

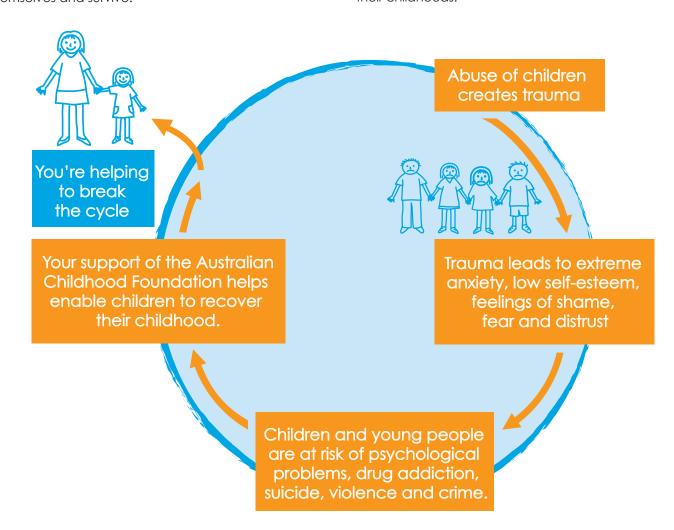
Abuse and violence undermines the very core of children. It disconnects children from their feelings. It betrays their confidence in people. It stops them from being able to trust.

It is incredibly isolating. The world feels unpredictable and unsafe. Children shut down in order to protect themselves and survive.

There is hope though; through the safety that caring adults can provide, children can begin to heal. They also need specialised help and support and it takes a team approach; they need adults to stand up for them, understand and protect them.

They also need a willing community to commit to helping them find safety, security and stability.

By regularly donating through Workplace Giving, you can help children who have experienced abuse reclaim their childhoods.



\$10

could purchase a
musical instrument for
music-based therapy
sessions, helping children
be calm and reconnect
with their own bodies in
a safe and joyful way

\$15

could provide supplies for art therapy to help children express what they are feeling without the need for words \$30

could provide direct phone support to carers needing advice, reassurance and helpful strategies for meeting the needs of a child in their care

\$50

could provide petrol for an emergency home visit for direct family counselling and support so families can receive the help they need in a familiar environment.